

2019-2020 Breakfast in the Classroom Menu

	Monday			Tuesday			Wednesday			Thursday			Friday		
	PCS#	Item Name	K-8	PCS#	Item Name	K-8	PCS#	Item Name	K-8	PCS#	Item Name	K-8	PCS#	Item Name	K-8
Week 1:	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each
	90107	Apple Juice	4 oz	53423	Cherry Applesauce	1 each	90105	Berry Juice	1 each	0820	Apple Slices	1 each	90106	Orange Juice	4 oz
	27213	Strawberry Banana Trix Yogurt	1 each	37960	French Toast Sticks	1 ea	24928	Cinnamon Rice Chex	1 each	36446	Strawberry Nutri-Grain Bar	1 each	36469	Blueberry Pancake	1 each
	1509	Goldfish Grahams	1 pkg				0189	String Cheese	1 ea						
	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea
Week 2:	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each	19692	Dried Cranberries	1 each
	90107	Apple Juice	4 oz	53423	Cherry Applesauce	1 each	90106	Orange Juice	4 oz	0820	Apple Slices	1 each	90106	Orange Juice	4 oz
	11835	Multi Grain Cheerios	1 each	6800	Banana Chocolate Chip Bar	1 each	6652	Cured Turkey & Cheese Roll-Up	1 each	27202	Strawberry Mini Bagel	1 each	50058	Fruity Cheerios	1 ea
	0189	String Cheese	1 ea										0189	String Cheese	1 ea
	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea	1321, 1082-1 or 1697	1% White Milk or Fat Free White Milk	1 ea

- **Vegetarian Meal Option:** If there are vegetarian requests made by teachers on behalf of the students, you may serve Multi Grain Cheerios or Cinnamon Rice Chex and Goldfish Grahams in place of the entrée. The milk and fruit are to be served as well.

Note- Both varieties of milk (1% white and fat free white milk) must be offered to students each day.

Breakfast in the Classroom

Menu 2019-20



Healthy food. Successful students.
Food & Nutrition Services



This institution is an equal opportunity provider and employer.

BREAKFAST IS FREE

FOR ALL STUDENTS EVERY SCHOOL DAY.

(Just thought we'd remind you.)

Menu Color Keys

- Meat Meat/Alt
- Grain*
- Fruit
- Milk



Don't 4 Get
Take at least
1/2 cup
Fruit



* All grains are whole grain or whole grain rich.

Nobody learns if they're empty.



You can't keep the seats full if the kids aren't full, too. It's a fact: Kids need to eat well to learn well. We hope you'll join us often

Week 1: 8/27, 9/10, 9/24, 10/8, 10/22, 11/5, 12/3, 12/17, 1/14, 1/28, 2/11, 2/25, 3/11, 4/8, 4/22, 5/6, 5/20, 6/3

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • • Strawberry Banana Yogurt w/ Goldfish Grahams • Apple Juice • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • French Toast Sticks • Cherry Applesauce • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Cinnamon Rice Chex Cereal w/ String Cheese • Apple Berry Juice • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Strawberry Nutri Grain Breakfast Bar • Apple Slices • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Eggo Bites Mini Blueberry Pancakes • Orange Juice • Dried Cranberries • 1% or Fat Free White Milk

Available Daily

Vegetarian Option:

- • Multi Grain Cheerios or Cinnamon Rice Chex Cereal w/ Goldfish Grahams may be substituted for the entrée upon request.

Week 2: 9/3, 9/17, 10/1, 10/15, 10/29, 11/12, 11/26, 12/10, 1/7, 1/21, 2/4, 2/18, 3/4, 3/18, 4/1, 4/15, 4/29, 5/13, 5/27, 6/10

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • • Multi Grain Cheerios w/ String Cheese • Apple Juice • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Banana Chocolate Breakfast Bar • Cherry Applesauce • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Turkey & Cheese Roll-Up • Orange Juice • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Strawberry Mini Bagel Bites • Apple Slices • Dried Cranberries • 1% or Fat Free White Milk 	<ul style="list-style-type: none"> • • Fruity Cheerios w/ String Cheese • Orange Juice • Dried Cranberries • 1% or Fat Free White Milk

Menus subject to change.
Revision Date: 8/26/19
K-8 Breakfast Meal Pattern